

TERMS OF USE

Last updated: 02/01/2026

These Terms of Use (“Terms”) govern your access to and use of the TrackTrain mobile application (“App”, “Service”) operated by TrackTrain Team (“we”, “us”, “our”).

By downloading, accessing, or using the App, you confirm that you have read, understood, and agreed to be bound by these Terms. If you do not agree with these Terms, you must not use the App.

DESCRIPTION OF THE SERVICE

TrackTrain is a fitness application designed to help users plan, track, and analyze their physical training activities. The App may include features such as AI-generated workout plans, exercise tracking, performance analytics, and user profiles.

The Service is provided for informational and educational purposes only.

ELIGIBILITY

You must be at least 16 years old to use the App.

By using the App, you represent and warrant that you meet this age requirement and have the legal capacity to enter into these Terms.

HEALTH AND MEDICAL DISCLAIMER

TrackTrain is not a medical service and does not provide medical advice, diagnosis, or treatment.

All workout plans, recommendations, and content provided through the App are for general informational purposes only and are not a substitute for professional medical advice, diagnosis, or treatment.

You acknowledge and agree that:

- Physical exercise involves inherent risks.
- You are solely responsible for your health, safety, and physical condition.
- You should consult a qualified healthcare professional before starting any exercise program.

TrackTrain Team expressly disclaims any liability for injuries, health complications, or damages that may result from the use of the App or the performance of any exercises suggested within the Service.

USER ACCOUNTS

You may access the App by:

- Signing in with Apple ID, or
- Using the App in guest mode.

You are responsible for maintaining the confidentiality of your account and for all activities that occur under your account.

We reserve the right to suspend or terminate access to the App if we believe that your use violates these Terms or applicable laws.

USER RESPONSIBILITIES

You agree to use the App only for lawful purposes and in accordance with these Terms.

You agree not to:

- Attempt to gain unauthorized access to the App or its systems.
- Reverse engineer, decompile, or modify any part of the App.
- Use the App in a way that could harm, disable, or impair the Service or other users.
- Copy, distribute, or exploit any part of the App without our prior written consent.

INTELLECTUAL PROPERTY

All content and materials available in the App, including but not limited to software, algorithms, AI models, workout structures, exercise images, text, graphics, and design elements, are the intellectual property of TrackTrain Team or its licensors.

You are granted a limited, non-exclusive, non-transferable, revocable license to use the App for personal, non-commercial purposes only.

Nothing in these Terms grants you ownership of any intellectual property rights in the App.

USER-GENERATED CONTENT

You may input data into the App, including workout information, exercise preferences, and other related content (“User Content”).

You retain ownership of your User Content. However, by using the App, you grant TrackTrain Team a non-exclusive, worldwide, royalty-free license to use, process, store, and analyze your User Content solely for the purpose of providing and improving the Service.

SUBSCRIPTIONS AND PAYMENTS

The App is currently provided free of charge.

In the future, certain features of the App may be offered through paid subscriptions or in-app purchases. Any such purchases will be processed through the applicable app store and governed by its payment terms and policies.

We reserve the right to introduce, modify, or discontinue paid features at any time.

LIMITATION OF LIABILITY

To the maximum extent permitted by applicable law, TrackTrain Team shall not be liable for any direct, indirect, incidental, consequential, or special damages arising out of or related to:

- Use or inability to use the App;
- Physical injuries or health issues;
- Loss of data or content;
- Any reliance on information provided by the App.

Your use of the App is at your own risk.

TERMINATION

We may suspend or terminate your access to the App at any time, with or without notice, if we reasonably believe that you have violated these Terms.

Upon termination, your right to use the App will immediately cease.

CHANGES TO THESE TERMS

We reserve the right to update or modify these Terms at any time.

Any changes will become effective upon publication within the App or on our official channels. Continued use of the App after such changes constitutes your acceptance of the updated Terms.

GOVERNING LAW

These Terms shall be governed by and construed in accordance with applicable laws, without regard to conflict of law principles.

The specific jurisdiction may be determined at a later stage.

CONTACT INFORMATION

If you have any questions regarding these Terms, please contact us at:

support@tracktrain.app